



## **Important**

### **Dates:**

- December Christmas Party – December 6, Baudo's Restaurant, Wiley Parker Road
- January 29, 2011 – Session 1 – Career Plus/ID
- February 26, 2011 – Session 2 – Career Plus/ID

*Jackson Business and Professional Women*

## **The Annual BPW Christmas Party is December 6, 2010**

Our annual Christmas party is Monday, December 6, 2010, at 6:00 p.m., at Baudo's Restaurant on Wiley Parker Road. If you wish to participate in the gift exchange (Dirty Santa), be sure to bring a gift with you.

Hope to see everyone on at Baudo's on December 6.



### **2011 Career Plus/Individual Development**

The 2011 Career Plus/Individual Development Courses are set for January 29, 2011 and February 26, 2011. Both sessions will be at West Tennessee Legal Services. The cost for one session is \$40.00, both sessions is \$60.00.

Space is limited to 12 per session. The registration form is included in this newsletter or you can visit our website at [www.bpwjackson.org](http://www.bpwjackson.org) for more information and registration. Just click on the Events button at the top of the home page.

***Need Career Enhancement, personal and professional development?***

**Mark your calendar for**

**January 29 and February 26, 2011**

**Jackson Business and Professional Women  
Present: Career Plus/Individual Development  
Sessions**

West Tennessee Legal Services, Inc.,  
210 West Main Street  
Jackson, Tennessee

**Registration Fee:** \$40 per day session; \$60 for both sessions

**Schedule** 8:00-8:30 Registration, Continental Breakfast, Networking  
8:30-12:00 4 Modules (with breaks)  
Lunch provided: 12:00-1:00  
1:00-4:00 3 Modules or 4 Modules

**CAREER PLUS/INDIVIDUAL DEVELOPMENT SESSIONS**

The Individual Development Program (ID) is BPW's seminar series for personal and professional leadership development. The program assists women in meeting their personal and professional goals, as well as their goals for community action and change.

**Necessary tools to jump start your career and your life:**

- Speaking in Public
- Interviewing tips and techniques
- Running meetings
- Business etiquette
- Media relations

- Creating presentations
  - Networking
- Negotiating skills
  - Leadership skills
  - Lobbying and Grassroots Organizing
- and much more

**First Session**

***The Past, Present and future*** (BPW)  
***Developing Confidence*** (Behavioral Styles)  
to Be)  
***Meet me in the Middle*** (Negotiating Skills)  
*Meeting*)  
***Taming the Tension Tyrant*** (Create Presentations)  
***Standing Up and Standing Out*** (Oral Presentations)  
***Define and Shine*** (Networking)  
(Develop your Goals)  
***Yours for You to Use*** (Interviewing)

**Second Session**

***Best in the Class*** (Be the Leader You Want  
to Be)  
***Get Into It and Out of It!*** (*Running a  
Meeting*)  
***Business Etiquette***  
***Right to write!*** (Your Civic Role)  
***Reach for the Stars!***

***Memories made!*** (Media Relations)  
***I Know You, But*** (Virtual teams)

Registration form and fee needs to be submitted by Jan. 22, 2011  
Mail to Beth Bates P.O. Box 2066 Jackson, TN 38302

NAME \_\_\_\_\_ WORK TELEPHONE \_\_\_\_\_

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## Jackson Business and Professional Women

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2010-11 PRESIDENT  
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You can also follow us on  
Facebook!

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Jackson Business  
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## ANNOUNCEMENTS

- B for Business – the next breakfast will be December 2, 2010, at the Jackson Chamber of Commerce. Meeting time is 7:45 a.m. to 9:00 a.m. The topic will be “**Creating Jobs in Jackson-Madison County**” – *What Makes Our Community Attractive to Businesses – Large & Small* – Jerry Gist, Mayor of Jackson, Jimmy Harris, Mayor of Madison County and Kyle Spurgeon, CEO, Jackson Area Chamber of Commerce
- Uncle Al's Pecans fundraiser was a success!! We raised \$228.70, which will be earmarked for operating expenses. Thanks to all who sold Uncle Al's and those to made donations to the fund.
- **Thanksgiving is this Thursday, November 25.** I want to wish everyone a very happy Thanksgiving and safe travel to those who will be on the road this week.
- **Congratulations to Jacque Hillman, BPWTN Public Relations Chair**, for the fantastic REACH magazine, which features our very own Demetry Allen on the cover. If you have not seen the magazine, you can contact Beth Bates or come by the office of Middlebrooks & Gray for a copy.
- **Congratulations to Jackson BPW** on receiving the Issues Management Certificate of Participation/Entry. The Certificate was presented to Beth Bates at the 2010 Interim Board of Directors meeting held in Mt. Juliet, TN.

HAPPY THANKSGIVING TO ALL!!!



### Spotlight on new members

**Amy Mays, Natalie Elbrow and Pat Patrick**

Jackson Business & Professional Women would like to welcome new members Amy Mays, Natalie Elbrow and Pat Patrick. Amy is a court reporter and joined us during the Brown Bag Lunches. You can contact her by e-mail at [amymays@bellsouth.net](mailto:amymays@bellsouth.net). Natalie is a former member returning to us after a long hiatus. She is an office professional at West Tennessee Bone and Joint Clinic. You can contact her by e-mail at [elbr78@aol.com](mailto:elbr78@aol.com). Pat is also a former member and has her own business, Workplace Solutions. She conducts drug tests, DNA tests and physical examinations. You can contact her by e-mail at [patkpatrick@hotmail.com](mailto:patkpatrick@hotmail.com). Welcome to our new member and our returning members.

